



ROTARACT CLUB OF R.V.C.E.

Under Cultural Activity Team (CAT)

**Report
2022-23**

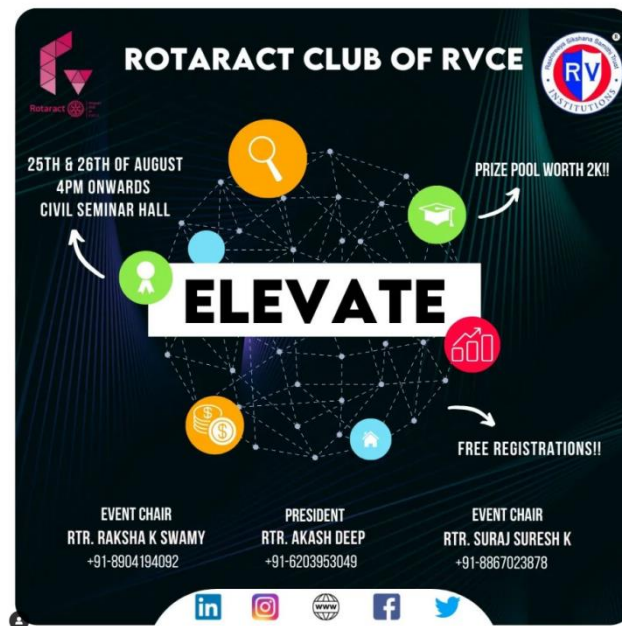
RIY 2022-23

President - Rtr. Akash Deep

Secretary - Rtr. Sarthak Lalwani

EVENTS	DATE
<u>Elevate</u>	25/08/2022 & 26/082022
<u>Blood Donation Camp 2022</u>	09/09/2022
<u>Naivedyam</u>	16/09/2022
<u>Rush Hours 3.0</u>	27/11/2022 to 30/11/2022
<u>Fast-Trek</u>	12/02/2023
<u>Sampravaha (Club Installation)</u>	09/03/2023
<u>Blood Donation Camp 2023</u>	06/06/2023
<u>Akshara</u>	10/06/2023
<u>Vision</u>	10/06/2023
<u>Mock G20 Summit</u>	17/06/2023
<u>Paper Drive</u>	24/06/2023

1. Elevate



Elevate was a fun-filled two-day event where we conducted 4 sub-events namely Group Story, Situation-Based Thinking, CatchPhrase, and Shark Tank. The participants were eliminated based on their scores in each event and at the end, the top two teams were declared the winners and runners. For the sub-event Shark Tank, members of the Rotaract District 3190 were invited as judges. Overall, after this session, positive feedback was received from participants and the judges.

Outcome : The event helped the participants to develop professional skills like critical thinking, pitching ideas, team work, etc. This event showed the participants how working together can bring in various different thought processes together and which can eventually lead to better ideas and executions.

2. BLOOD DONATION CAMP(BDC) (FIRST)



(Conducted two times in a single year)

Blood Donation Camp was conducted in collaboration with Rotary Bangalore South and Rotaract Club of Bangalore after 3 years and it saw great success through the participation of a huge number of volunteers, who had the motive to serve the society. With the ideology to meet the growing need of Blood units, the event was organized in RVCE Campus on 9th of September with the help of 6 Blood Banks. All the volunteers assembled at the venue at 8:30 am and the camp started at 9:00 am at Biotech Quadrangle and Bus Shed, RVCE. In 9 hours of time, we collected 770 units of blood. The donors included rotaractors, rotarians, students, teachers and common people who helped us in collecting blood to save lives.

Outcome: In the first edition of the BDC around 750+ units of blood was collected with the active and enthusiastic participation of the students from all the batches. Apart from students even faculty members and non-teaching staff actively donated blood. With the strong support of Rotary

ROTARACT CLUB OF RVCE

Bangalore South, our parent rotary club, the BDC was a grand success and highlights our commitment towards the society.

3.Naivedyam



The Rotaract club of RVCE organized another Mega Event Naivedyam, an International Services event, on 16th of October on the occasion of International Food Day. We pledged to feed 400 hungry people across the Bangalore city through this event. To reach the same goal we had 8 Rotaract clubs, which include clubs from in and outside of the district, collaborating for this event. Board members and volunteers went to the slum opposite to Police station Koramangala Bangalore to distribute the food to the needy. Likewise, clubs from Coimbatore and Mumbai also distributed the food. With the overwhelming support of all the clubs and the volunteers, we were able to feed 492 people in total.

Collaborating clubs - 1)RaC Bangalore JP Nagar 2) RaC Golden Rock 3) RaC Bombay Mulund Valley 4)RaC Presidency University 5)RaC Mumbai Ghatkopar 6)RaC Coimbatore Smart City 7) RaC Jyoti Nivas College 8)RaC Sri Krishna arts & science college

Outcome: The Rotaract Club of RVCE fed around 400+ people in the slum areas of Koramangala, Bangalore with the collaborative help of 8 other Rotaract clubs. We showed the strength of collaboration and fulfilled our duty towards food security on the International Food Day.

4.Rush Hours 3.0



A community service project which went on for 5 days and included a pre-event task to build interest among the participants followed by 8 main tasks. The participants run for their positions as each task led to the elimination of a certain number of teams; with 200+ participants; participating actively, followed by regular updates through the event dashboard and leader board. The event was a huge success with the participants contributing to society along with having fun in this process. The top 5 teams were rewarded with OTT subscriptions and other prizes.

Outcome: A 5-day community service project featured a pre-event task and 8 main tasks, engaging over 200 active participants. Participants competed for positions, with eliminations occurring after each task. Regular updates were provided through an event dashboard and leaderboard. The event was highly successful, blending societal contributions with enjoyment. The top 5 teams were rewarded with OTT subscriptions and other prizes.

5.Fast-Trek

The social cause behind the project was to provide financial aid to underprivileged children suffering from heart diseases. The event started at 7:30 AM, where all the participants boarded the bus to the trek location with great enthusiasm. Safety instructions were provided to all along with basic information of the event. The trek was a great success as all the participants had a wonderful time surrounded by the scenic hills of Huthridurga Betta and embarked on what would be a very memorable journey. Breakfast and lunch was provided at the trek location for all the participants.

Outcomes: The project aimed to offer financial assistance to underprivileged children with heart diseases. In the morning participants eagerly boarded the bus for the trek, receiving safety instructions and event details. The trek, set amidst the picturesque hills of Huthridurga Betta, was a resounding success, creating lasting memories for all involved. Breakfast and lunch were provided at the trek location, ensuring a fulfilling experience for participants.



ROTARACT CLUB OF RVCE

Fig - Participants climbing up and sitting on the top

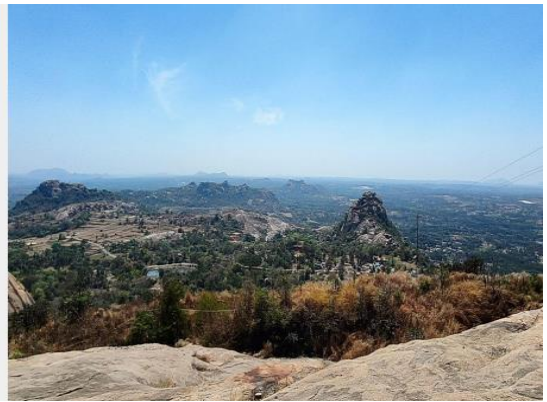
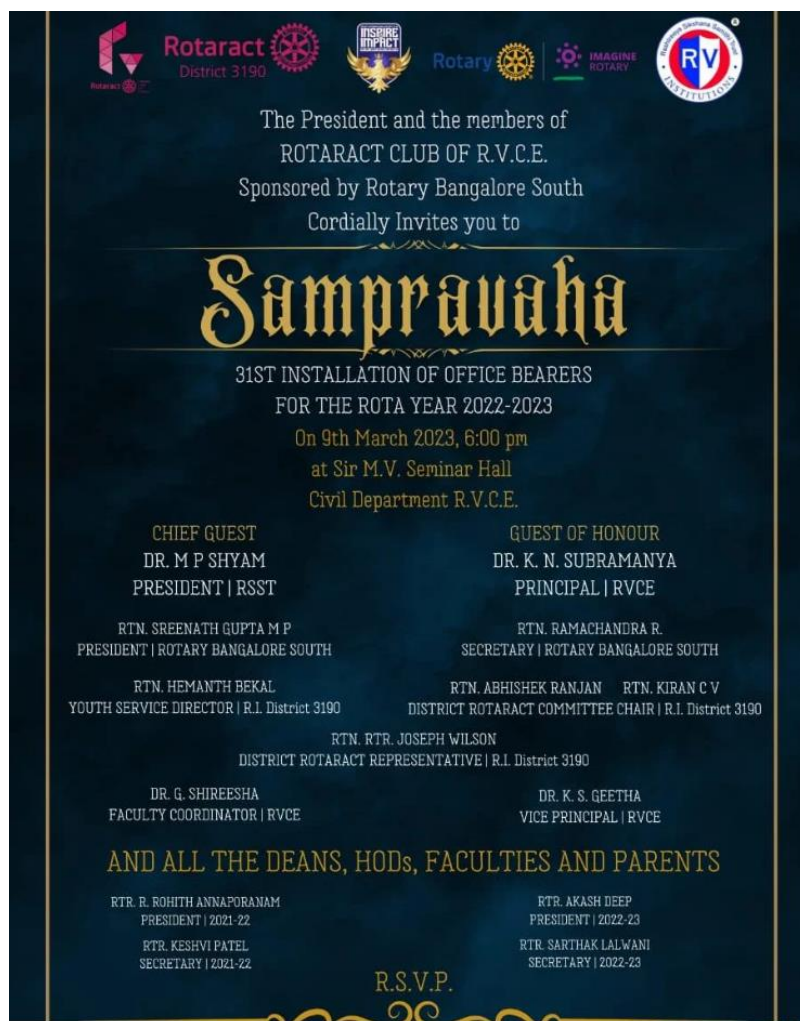


Fig - The team and the beautiful scenery

6.Sampravaha (Club Installation)



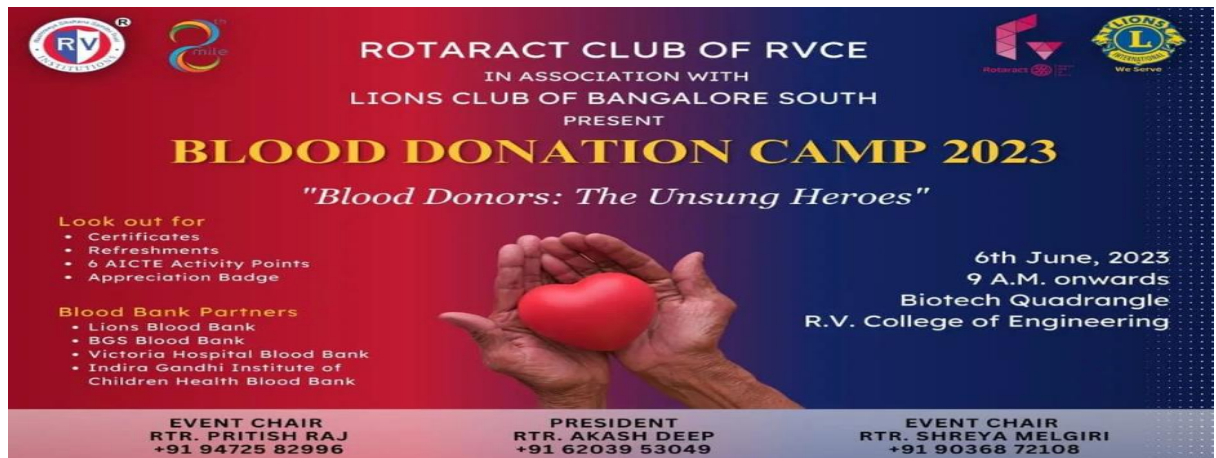
The Installation Ceremony of the 31st Board of Directors for 2022-23 commenced at 6 p.m. We paid our respects and admiration to the late PRID Rotarian Dr. M.K. Panduranga Setty sir. The Chief Guest, RSST President Dr. M P Shyam sir, and other dignitaries installed all of the office bearers and the board of directors. Rtr. R Rohith Annaporanam handed over the presidency to Rtr. Akash Deep. Rtr. Keshvi Patel, Past Secretary, presented the report of the Rota-Year 2021-22. Secretary Rtr. Sarthak Lalwani presented the Plan of Action for Rota-Year 22-23. The ROTA-YEAR 22-23 logo, theme, newsletter, and letterhead were launched, along with the release of the Annual Rotaract Magazine. The launch of Merchandise was a new initiative, which is a fantastic way to promote the club and its ideals while also giving members and supporters to demonstrate their support. The winners received 21-22 year awards, while 21-22 board members received board certificates. At the end, everyone was served dinner.

Outcome: The 31st Installation Ceremony of RaC RVCE marked the formal induction of the 2020-21 Board, led by Chief Guest Dr. M. P. Shyam. Key highlights included the unveiling of the year's

ROTARACT CLUB OF RVCE

plan, launch of the logo, theme, alongside recognition of past achievements through awards and certificates.

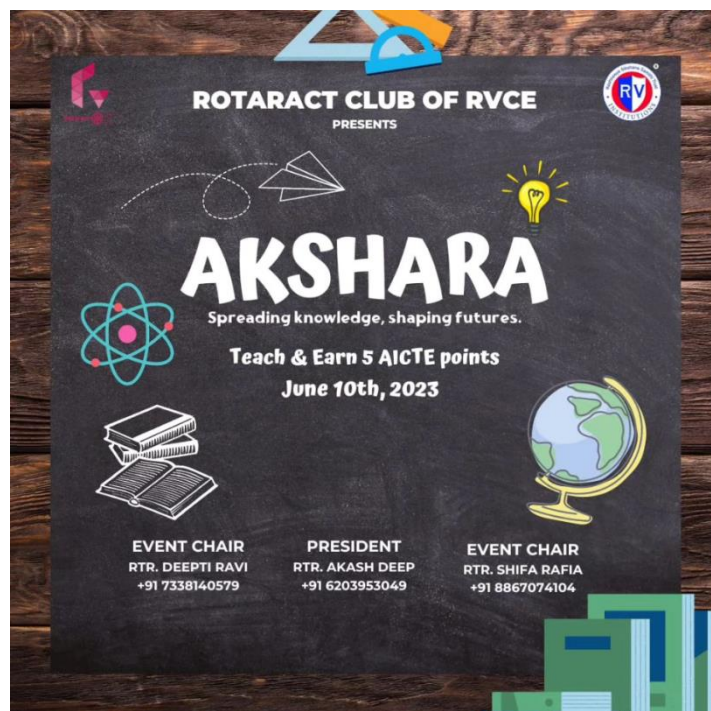
7. Blood Donation Camp 2023(BDC) (SECOND)



RAC RVCE (Rashtreeya Vidyalaya College of Engineering) in collaboration with Lions Club Bangalore South organized yet another successful blood donation camp, reaffirming their commitment to serving the community. This time, the camp witnessed an overwhelming response as they managed to collect an impressive number of 700+ units of blood. All the volunteers assembled at the venue at 8:30 am and the camp started at 9:00 am at Biotech Quadrangle and Bus Shed, RVCE. In 9 hours of time, we collected 770 units of blood. The donors included rotaractors, rotarians, students, teachers and common people who helped us in collecting blood to save lives.

Outcome: In the second edition of the BDC around 700+ units of blood was collected with the active and enthusiastic participation of the students from all the batches. Apart from students, even faculty members and non-teaching staff actively donated blood. With the strong support of the Lions club, the BDC was a grand success and highlighted our commitment towards the society.

8.Akshara



With the zeal to give students something that we as students always craved in education, Rotaract Club of RVCE organized skill development sessions in 7 schools in locality of RR Nagar and Kengeri, Bangalore. The sessions were aimed for underprivileged students who are from a financially modest background and are in dire need of Quality Education. Volunteers also had a memorable experience of stepping into shoes of their teachers for one day. Session helped the students in understanding concepts that were there for their class/standard.

Outcome: Akshara 3.0 successfully conducted skill development sessions in 11 schools within RR Nagar and Kengeri, Bangalore, benefiting underprivileged students. Modules in Mathematics, Spoken English, and Soft Skills were designed to empower students from financially modest backgrounds. Positive feedback from both students and volunteers highlighted the impact of the sessions, fostering a supportive learning environment and facilitating meaningful connections between volunteers and students.

9.Vision



RAC RVCE organized a valuable career guidance session dedicated to underprivileged children. This initiative demonstrated the institution's commitment to empowering and uplifting the community. The session aimed to provide these children, who may face unique challenges and limited opportunities, with essential guidance and support to navigate their educational and career paths. By offering insights into various fields of study and career options, we aimed to inspire and equip these young minds with the knowledge and resources necessary to make informed decisions about their future.

Outcome: The career guidance session for underprivileged children, highlighting the club's commitment to community empowerment. The initiative aimed to provide essential support for these children in navigating their educational and career paths. By offering insights into various fields and career options, the session inspired and equipped young minds to make informed decisions about their future.

10. Mock G20 Summit



The poster for the Mock G20 Summit features a background image of participants in a meeting. At the top, logos for RVCE, G20 India 2023, and other sponsors are displayed. The title 'MOCK G20 SUMMIT' is prominently shown in large, green-outlined letters. Below the title, a descriptive paragraph invites participants to step into the shoes of diplomats. Key event details include the date (17 JUN, 2023, 11AM - 3PM), venue (DTL HUDDLE), and registration fees (₹400). A prize list shows 1st, 2nd, and 3rd prizes with amounts of ₹7000, ₹5000, and ₹3000 respectively. A QR code for registration is provided, along with a 'REGISTER NOW' button. The keynote speaker, Jayashree Krishna, is highlighted, along with the event chairs and president, including their contact numbers.

MOCK G20 SUMMIT

Step into the shoes of diplomats representing different countries from around the world and find innovative solutions to global issues. Join us for an exciting and immersive experience as we organize the Mock G20 Summit.

17 JUN, 2023 11AM - 3PM
VENUE: DTL HUDDLE
REGISTRATION FEES: ₹400

PRIZ rotaractrvce
1st Prize - ₹7000
2nd Prize - ₹5000
3rd Prize - ₹3000

ACTIVITY POINTS WILL BE PROVIDED

KEYNOTE SPEAKER:
JAYASHREE KRISHNA
WORKING GROUP MEMBER - C20-G20

EVENT CHAIR
RTR. RAKSHA K SWAMY
+91 89041 94092

PRESIDENT
RTR. AKASH DEEP
+91 6203 953 049

EVENT CHAIR
RTR. SHRIYASH R
+91 80502 53947

REGISTER NOW

In this unique event participants stepped into the shoes of Diplomats representing different countries from around the world to find innovative solutions to global challenges. The event consisted of a speaker session by Jayashree Krishna, Working Group Member: C20-G20 and three tasks - Artistic Diplomacy, Communique Chronicles and Wordsmithing Diplomacy. The event had a prize pool of Rs 15000. The event was a huge success and all the participants gained a lot of knowledge and a newer understanding of the global issues.

Outcome: Participants engaged in a dynamic event where they assumed diplomatic roles to tackle global challenges. With a speaker session featuring Jayashree Krishna and tasks such as Artistic Diplomacy and Wordsmithing Diplomacy, the event was a success. It provided valuable insights into global issues, fostering greater understanding among participants.

11. Paper Drive



With an overwhelming support of 500+ volunteers, the students collected more than 7 tonnes of newspapers in just over 9 hours! The volunteers, registered for the event, assembled at Kriyakalpa, RVCE at 8:00 AM. Volunteers were taken to different localities of Bangalore by buses to collect all sorts of papers. The incentive behind this was to raise funds by selling the collected old newspapers, books, magazines, waste papers etc. to paper vendors, and donating the same amount for the welfare of the Nele Narendra Foundation.

Outcome: The Paper Drive initiative garnered significant support, with volunteers collecting 7 tonnes of old newspapers across 7 different localities of Bengaluru within 9 hours. Proceeds from selling the collected paper were directed towards aiding an orphanage, symbolizing a collective effort towards social welfare and community empowerment.

ROTARACT CLUB OF RVCE

RIY 2021-22

1. Rupantara	12th July, 2021
2. Rendezvous with writings	25th July, 2021
3. Mega Trek V5.0	24th October, 2021
4. Joy of sharing	8th to 13th November, 2021
5. Secret Santa	25th December, 2021
6. Mind Fizz	31st july, 2021

1. Rupantara

The webinar session was conducted as a part of MHHM's Rupantara initiative to spread basic knowledge about menstruation and raise awareness. The session for RVCE took place on Monday, 12th of July 2021 from 4:30pm to 6pm. The session was handled by members of the Rupantara team. The main speaker for the session was Rtr. Ramya Aswathnarayana who is currently the ZRR of Rotaract District 3190 2021-22. The webinar started off with talking about the changes that occur during puberty, went on to discuss the advantages and disadvantages of different sanitary products that are used, the impacts they have health and how they affect the environment. The meeting finally concluded with a Q&A session.

Outcome- The positive outcome of the webinar session conducted as part of MHHM's Rupantara initiative is increased awareness and knowledge about menstruation among the participants, particularly students at RVCE. This knowledge empowers individuals to make informed choices about menstrual hygiene products, understand the impacts on health and the environment, and contribute to breaking the stigma surrounding menstruation. Additionally, the Q&A session likely provided an opportunity for clarification and further education, fostering a supportive and inclusive environment for discussing menstruation-related topics.

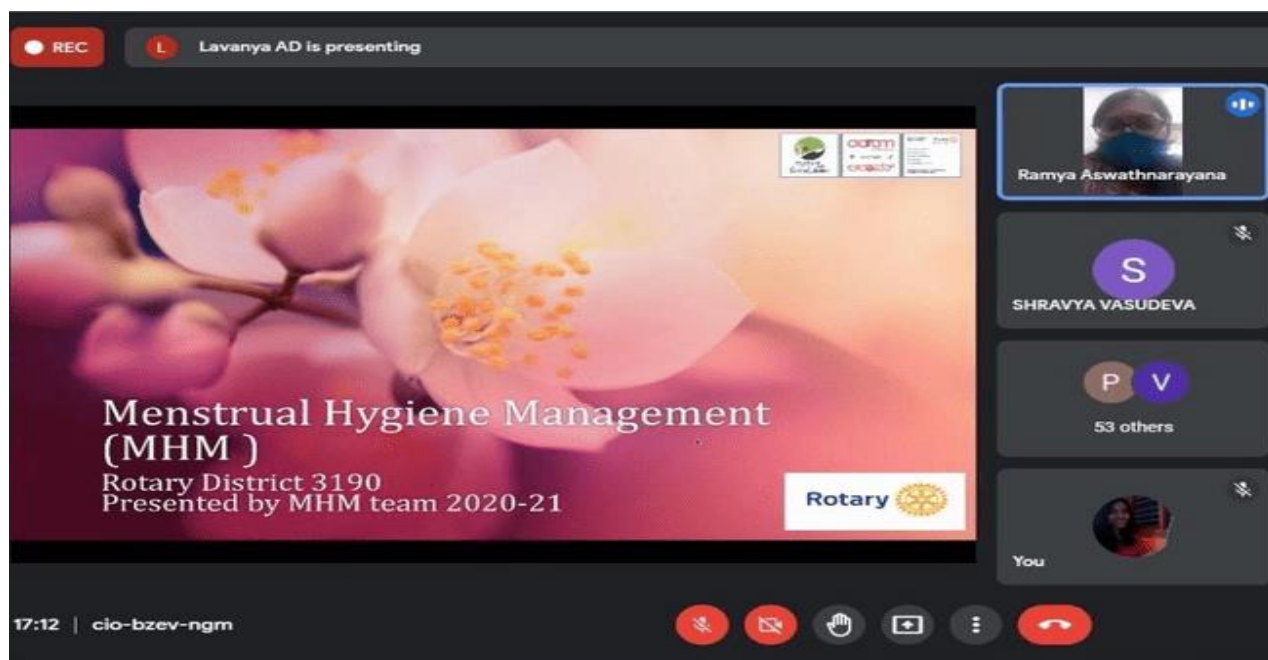



Fig -Online Webinar

2. Rendezvous with Writings







**RENDEZVOUS
WITH
WRITINGS**

**24/07/21. 6:00 PM
to
25/07/21. 11:59 PM**

LINK IN BIO

Event Chairs:
Rtr. Khushi Arora: +91-9347781282
Rtr. Ayushi Wadjikar: +91-8618193860

 RotaractClubofRVCE  RotaractClubofRVCE  www.rotaractrvce3190.com  [rotaractrvce](https://www.instagram.com/rotaractrvce)  [rotaractrvce](https://www.youtube.com/rotaractrvce)

The participants were given various domains such as Arts and Literature, Mental Health, Sanitation and Hygiene, Support the Environment, Economic Development. Based on their interest, they were allowed to submit articles, short stories, poems, essays or journals. Entries were allowed in English, Hindi and Kannada. In a time where people find it difficult to express themselves, this event gave its participants a chance to pen down their emotions. The participants had a time limit of 24 hours to submit their entries. The winning articles were to be published in the official newsletter and magazine of the club. The event received active participation from all the writing enthusiasts.

Outcome- One positive outcome of the event is that it provided participants with a platform to express themselves creatively and share their thoughts on important topics. It promoted inclusivity by allowing submissions in multiple languages and encouraged active participation from writing enthusiasts. Winning entries being published in the club's official newsletter and magazine recognized participants' talents and provided them with a wider audience.

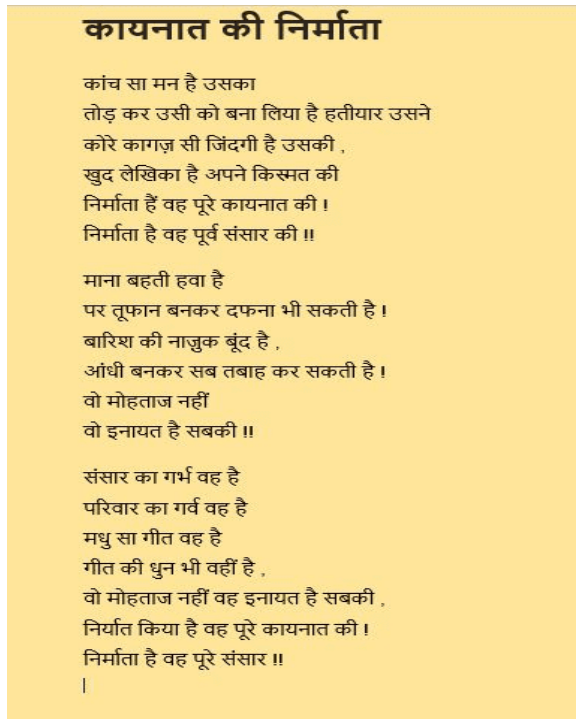


Fig - One of the submission



Fig - Winner announcement

3. MegaTrek V5.0



The 5th edition of the mega event focused on a trek to Huthri Betta, which was organized by Rotaract Club of Banashankari. The social cause behind the project was to provide financial aid to underprivileged children suffering from heart diseases. Along with that, it also aimed at bringing people from all over the district together to increase friendship and fellowship. There were a total of 235 participants from the Rotaract Club of RVCE. The event started at 7:30 AM, where all the participants boarded the bus to the trek location with great enthusiasm. Safety instructions were provided to all along with basic information of the event. Mega Trek V5.0 was a great success as over 2000 rotaractors from all across Bangalore came together near the scenic hills of Huthri Betta and embarked on what would be a very memorable journey. Breakfast and lunch was organized at the trek location for all the participants.

Outcome- One positive outcome of Mega Trek V5.0 organized by the Rotaract Club is the substantial financial aid provided to underprivileged children suffering from heart diseases. Additionally, the event successfully fostered a sense of camaraderie and fellowship among participants from all over the district, promoting unity and friendship within the Rotaract community. The event's success, with over 2000 participants, demonstrates the effectiveness of collective efforts in achieving charitable goals and building strong social bonds. Moreover, organizing breakfast and lunch for all participants ensured their comfort and contributed to a memorable and enjoyable experience for everyone involved.

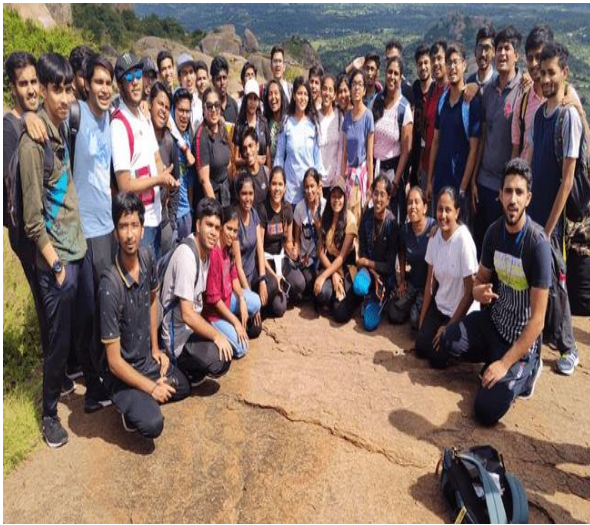


Fig - Participants and volunteers on the hill top

4. Joy of Sharing

As a part of this initiative, we collected items of use such as clothes, shoes, stationery, books, bags, electronic gadgets, masks and so on. This donation drive took place for a week. Post the collection period, the collected items were donated to an orphanage , “THE GOONJ FOUNDATION”. The event was a huge success as it fulfilled our motive of bringing a smile on people’s face. The donation included books, clothes, shoes and stationery. The week-long event ended on a happy note where all the volunteers had a feeling of satisfaction after the long-run.

Outcome- The outcome of this donation drive initiative is the significant impact it had on the lives of those in need at THE GOONJ FOUNDATION orphanage. By collecting essential items like clothes, shoes, stationery, and books, the event provided practical assistance and support. The effort fostered a sense of community among volunteers and left them with a feeling of satisfaction, fulfilling the objective of bringing smiles to people's faces.



Fig - Donation being handed over

5. Secret Santa



With a hope to spread some Christmas joy, the Rotaract Club of RVCE visited Kalajyothi Charitable Trust to empower, support, and motivate these little angels to move forward in life and reach their best potential. It was a merry day, filled with sweets, dancing and learning as well. It was a real eye-opener when we stepped into their home and it made us realize what a big impact we can make in the lives.

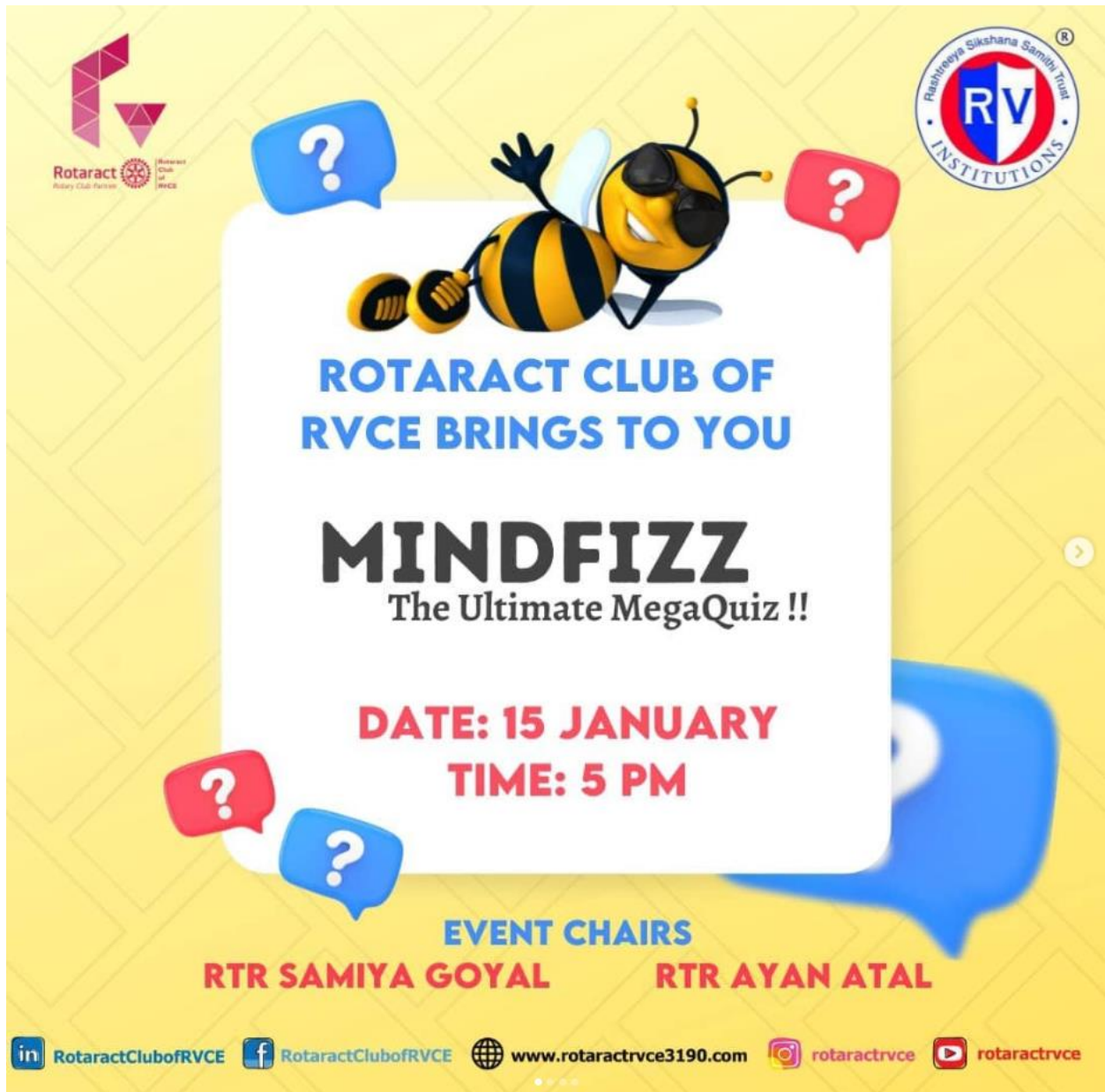
Outcome- One positive outcome of the visit to Kalajyothi Charitable Trust was the joy brought to the children through activities like distributing sweets and dancing. Additionally, the experience served as an eye-opener for Rotaract Club members, highlighting the significant

impact they can make in the lives of others and inspiring a sense of empathy and social responsibility.



Fig - Volunteers with the children

4. Mind Fizz



Description: Rotaract club of RVCE organized Mind Fizz, an International Services event on 31st of July at 5:30 pm on Google Meet. The session began with the host giving instructions to the participants about the quiz. The quiz was divided into 4 sections— Rotaract & Rotary, general knowledge, aptitude and miscellaneous. The participants were given 15 seconds of time to answer the questions. Those who buzzed first were given a chance to answer first. All the members of the clubs had actively participated. At the end of the session, top 2 winners were announced. All the participatory clubs shared their projects and events with everyone and the project received positive feedback from all the participants.

Outcome: The Rotaract Club of RVCE organized "Mind Fizz," an International Services event on July 31st via Google Meet. The quiz included four sections: Rotaract & Rotary, general knowledge, aptitude, and miscellaneous. Active participation was observed, and top 2 winners were announced. Participating clubs also shared their projects and events, receiving positive feedback.

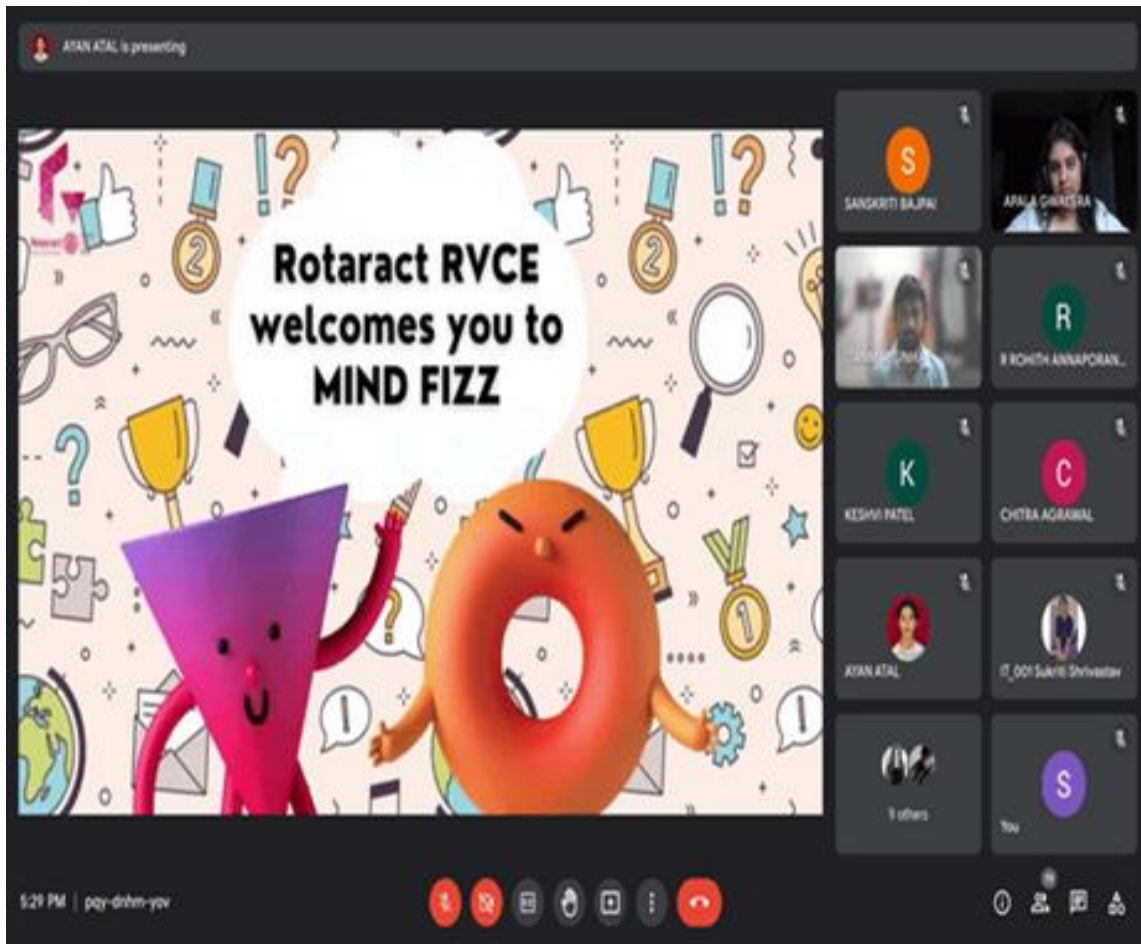


Fig - Event being conducted online

RIY 2020-21

EVENTS	DATE
Sophrosyne: 29th Installation	27/02/2021
Rush Hours	26/7/2020 to 6/8/2020
Plantation Drive	15/09/2020
Project Sahakarita	12/03/2021 to 12/04/2021
Project Awaaz	1/4/2021 to 2/5/2021
Speaktravaganza 2.0	11-12/07/2020
Elevate	18/10/2020
Vision	10/10/2020 to 01/05/2020
Stayfree of the Whisper	18/10/2020

1.Sophrosyne: 29th Installation

The 29th Installation Ceremony of Rotaract Club of RVCE took place on 27th February 2021. All the Office Bearers and the Board of Directors were installed by the Chief Guest: PRID Rtn. DR. M.K. Panduranga Setty and other dignitaries. Office of President was passed on from Rtr. Harsh Khatri to Rtr. Saurav Kumar. Past Secretary Rtr. Surabhi Chaudhari presented the report of RIY 2019-20. The plan of action for RIY 2020-21 was presented by Secretary Rtr. Manang Jain. Logo, theme, website and letter head of Rota Year 20-21 were launched. Awards of the year 2019-20 were presented to the winners and Board Members of 19-20 were given Board Certificates along with mementos to reminisce their contribution to the Club with it.

Outcome: The 29th Installation Ceremony of RaC RVCE marked the formal induction of the 2020-21 Board, led by Chief Guest PRID Rtn. Dr. M.K. Panduranga Setty. Key highlights included the unveiling of the year's plan, launch of the logo, theme, alongside recognition of past achievements through awards and certificates.



Fig - The Board of 2020-21 with dignitaries

ROTARACT CLUB OF RVCE
R.V. COLLEGE OF ENGINEERING, MYSORE ROAD, BANGALORE-560059
R. I. DISTRICT - 3190

26.07.2020

RUSH HOURS

JOIN THE QUEST AND STAND A CHANCE
TO WIN EXCITING OTT SUBSCRIPTION

ZEE5 prime Video N Disney+ hotstar airtel Xstream voot select

RTR. BIDUSHI
EVENT CHAIR
PH: +919380688750

RTR. PANKHURI PRIYA
EVENT CHAIR
PH: +917022236132

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Rush Hour took place from 26/7/2020 to 6/8/2020; a community service project which lasted over 10 days and included a total of 2 preevents to build interest among the participants' followed by 8 main tasks. The participants run for their positions as each task led to the elimination of a certain number of teams; with 300+ participants; participating actively, followed by regular updates through Pevent dashboard and leaderboard. The event was a huge success with the participants contributing to society along with having fun in this process. The top 7 teams were rewarded with OTT subscriptions.

Outcome: Rush Hour, featured 2 pre-events and 8 main tasks, engaging over 300 participants. Eliminations occurred at each stage, with updates via the Pevent dashboard. The event was highly successful, combining fun and societal contributions, with the top 7 teams receiving OTT subscriptions as rewards. Participants go to develop professional and soft skills through this event.

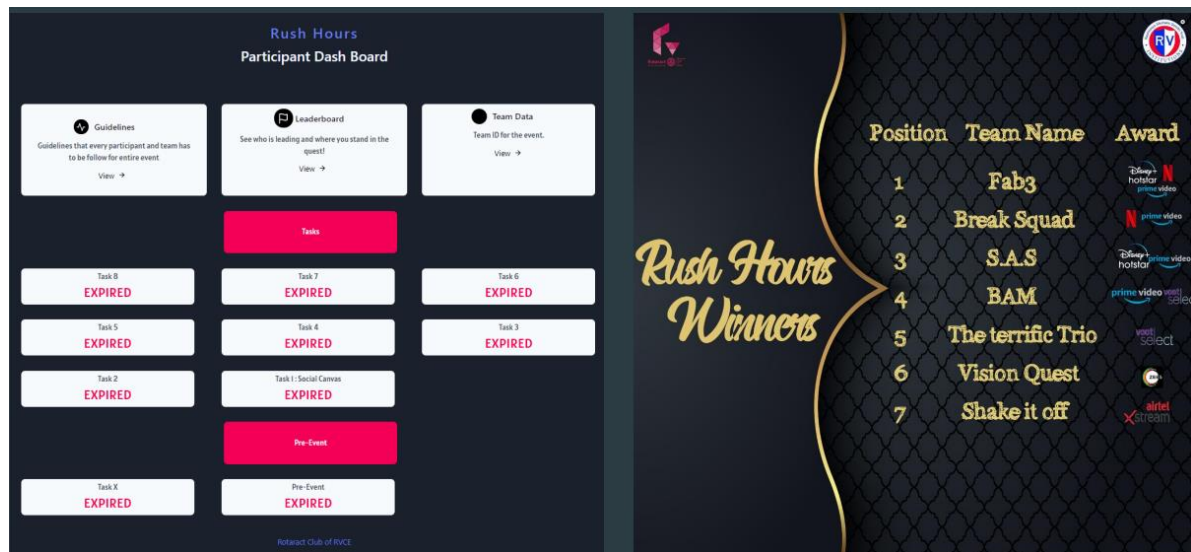


Fig - Quiz leaderboard and winners

3.Plantation Drive

On the 15th of September, the club sent wishes to its budding engineers as well as urging the fellow members to contribute to society to promote sustainable development. Members were requested to plant saplings in their nearby surroundings and tag the social media handle of the club. As a result, 221 saplings were planted by 184 participants. The club uploaded a gratitude video, paying its regards to all rotaractors who actively participated in this initiative.

Outcome: On September 15th, the club extended wishes to budding engineers while advocating for societal contributions to foster sustainable development. Members were encouraged to plant saplings and tag the club's social media handle. This initiative resulted in 221 saplings planted by 184 participants. The club expressed gratitude through a video to all active Rotaractors involved in the endeavor.



Fig - Collage of participants planting

4. Project Sahakarita

Cognizant provided more than 12500 computers to be distributed across institutions in Karnataka. The project 'Sahakarita' started as an MoU signed between Karnataka Government, Rotary International District – 3190, and Cognizant. Rotaract Club of RVCE was to coordinate the installation, testing, packaging, and transporting of the PCs and their components donated by Cognizant. Volunteers from the Rotaract Club of RVCE assembled at Government Arts College from 12th March 2021 to assemble the computer setup. What followed was a continuous month-long process of providing the product to the various colleges across the city. Rotaractors assembled and completed the installation, sorting, and packaging of the setup with all required hardware like the mouse, keyboard, desktop, and software like Microsoft Office with license certification. They were tasked with proper completion while simultaneously following all safety protocols. To ensure efficiency and nullify mistakes, volunteers were provided with mandatory training. The output sprang to more than 500 Computers a day ready to be dispatched. Each of the systems was tested before sending to logistics and their barcode was scanned for proper documentation.

Outcome: Cognizant donated 12,500+ computers for Karnataka institutions via the 'Sahakarita' project. The Rotaract Club of RVCE coordinated assembly, testing, and distribution, achieving over 500 computers assembled daily. Volunteers ensured each setup included hardware and software, adhering to safety protocols. Mandatory training ensured efficiency and accuracy, resulting in meticulous documentation for proper distribution.



Fig - Students using the PCs



Fig - Students assembling PCs



Fig- Team behind the project

5. Project Awaaz

In this time where education has been a huge matter of concern, Rotaract Club of RVCE came up with a new initiative “Project Awaaz”. Under this project, over 100 + Educational audio books were recorded in three languages English, Hindi and Kannada. A website was also created for easy accessibility of the content, where the recordings of all the stories were made accessible to NGOs. A total of 100 recordings were collected, out of which 24 were of Kannada, 32 of Hindi and 44 of English. The club donated these recordings to 13 NGOs at no cost for the education of their students.

Outcome:: Rotaract Club of RVCE initiated "Project Awaaz," recording over 100 educational audiobooks in English, Hindi, and Kannada. A user-friendly website was developed for NGO accessibility. A total of 100 recordings were donated to 13 NGOs, comprising 24 Kannada, 32 Hindi, and 44 English audiobooks, facilitating free education for their students.

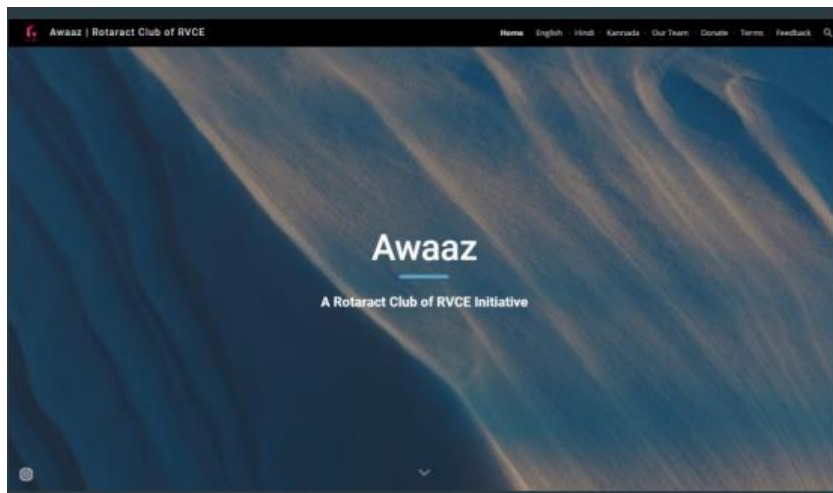


Fig - Awaaz Website

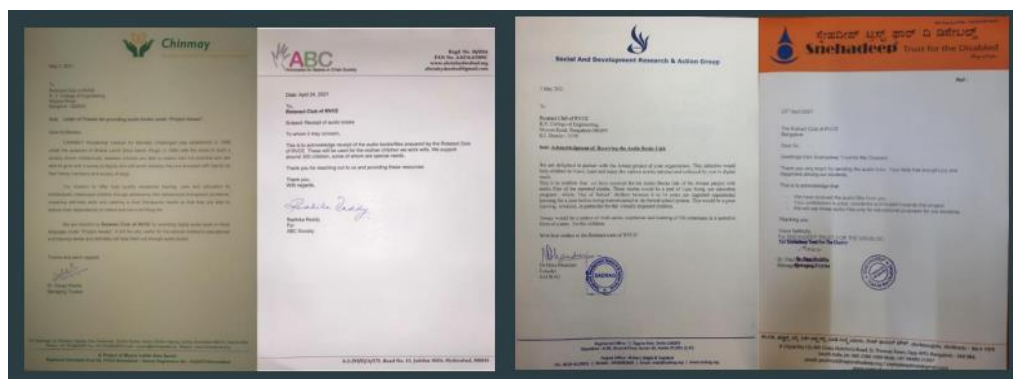


Fig - Appreciation letter from NGOs

6. Speaktravaganza 2.0

The second edition of Speaktravaganza had a crowd engagement of more than 271 students with age groups ranging from 15 to 23, making it the world's largest online communication festival. The events ranged from debating to entrepreneurship events, from thoughtful contents like sharing writeups, poems to lighthearted meme creation. It was a huge success with 11 mini-events with participants from 5 countries and 20 different cities. Rotaract club of RVCE collaborated with team Enunciate as knowledge partner, where we provided supported for knowledge, experience, resources and outreach as well as assisted in events.

Outcome: Speaktravaganza's second edition, the world's largest online communication festival, attracted over 271 students aged 15 to 23. The event featured 11 mini-events, including debates, entrepreneurship activities, and creative content creation, with participants from 5 countries and 20 cities. The Rotaract Club of RVCE partnered with Enunciate, providing support as a knowledge partner, ensuring the event's success.

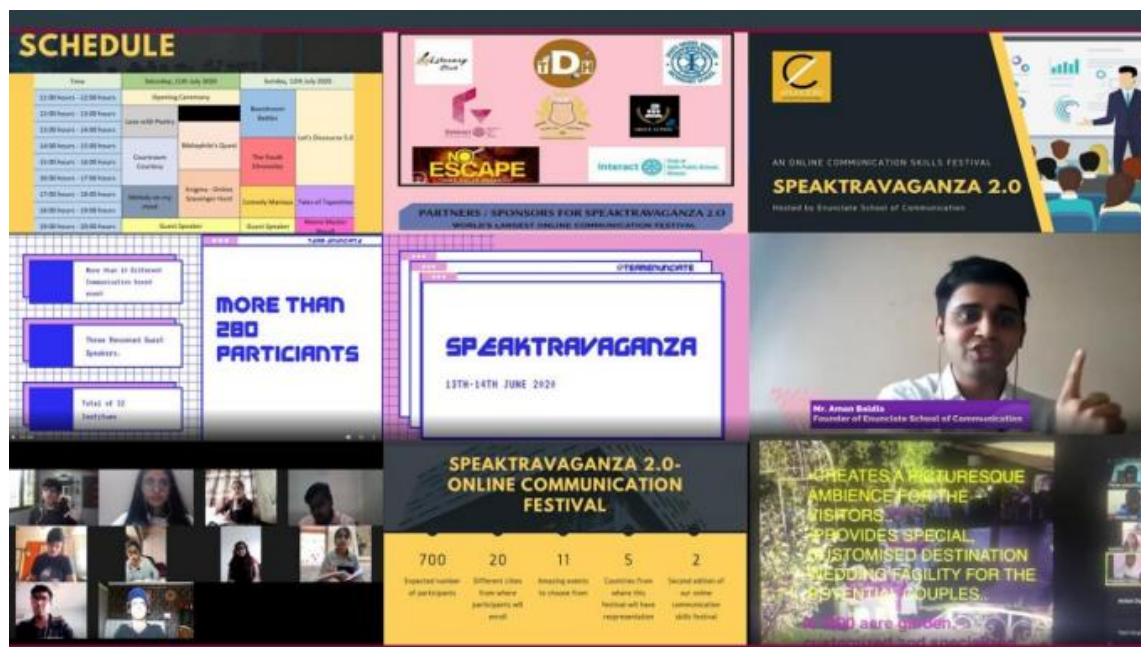


Fig - Speaker session underway



Fig - Collaborative Clubs

7. Elevate

Elevate is a professional development initiative to hone the skills of the club organizers. This project was conducted to enhance communication skills, better team bonding, and uplift their confidence by a healthy debating session. On the day of the event, organizers were introduced to the topic: "Should colleges/schools reopen in this period?". After this, the organizers were divided into three breakout sessions where 3 different mentors were allotted to conduct the session proceeding. There was a healthy discussion and the organizers had a lot to take away from the session. The event turned out to be a success with many organizers delighted with improvement on their end.

Outcome : The event helped the participants to develop professional skills like critical thinking, pitching ideas, team work, etc. This event showed the participants how working together can

bring in various different thought processes together and which can eventually lead to better ideas and executions.

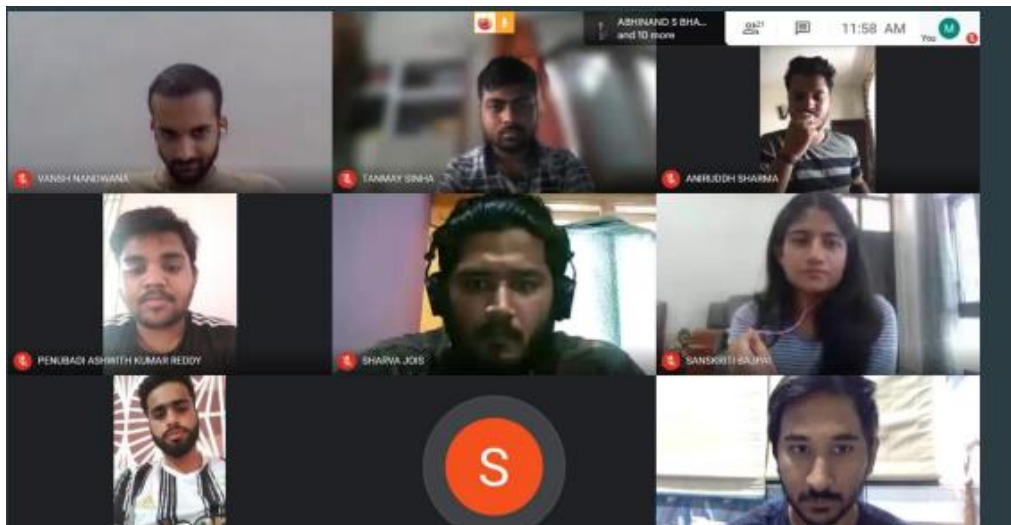


Fig - Event being conducted online

8.

Vision

ROTARACT CLUB OF RVCE
presents
VISION
with
SRN INTERNATIONAL SCHOOL

Career Counselling session with
RTN GANESH BALAKRISHNAN

A Motivator, Career Advisor
Education Overseas Consultant
& An Air Veteran

10 OCTOBER
AT 10AM

in RotaractClubofRVCE f RotaractClubofRVCE www.rotaractvce3190.com rotaractvce rotaractvce

The event aimed at removing general misconception prevalent in the society regarding career options. There were two sessions organized for the students of SRN International School, Jaipur and Maa Anandmayee Memorial School, Haridwar. The speaker for both the sessions was Rtn Ganesh S Balakrishnan, past president of Rotary Lalbagh and founder director of Samundra Global Educational Consultants, Bangalore. Under this, The Rotary four-way test was used as an example for character building.

Outcome: The students were exposed to different career options, with their pros and cons, future job profile, expected work was presented to the students and the session also emphasized on the fact that in any stream to excel, one should be interested, dedicated and hardworking. The

importance of goal setting and achieving was also addressed among the students. The meeting recordings reached 2000+ students.

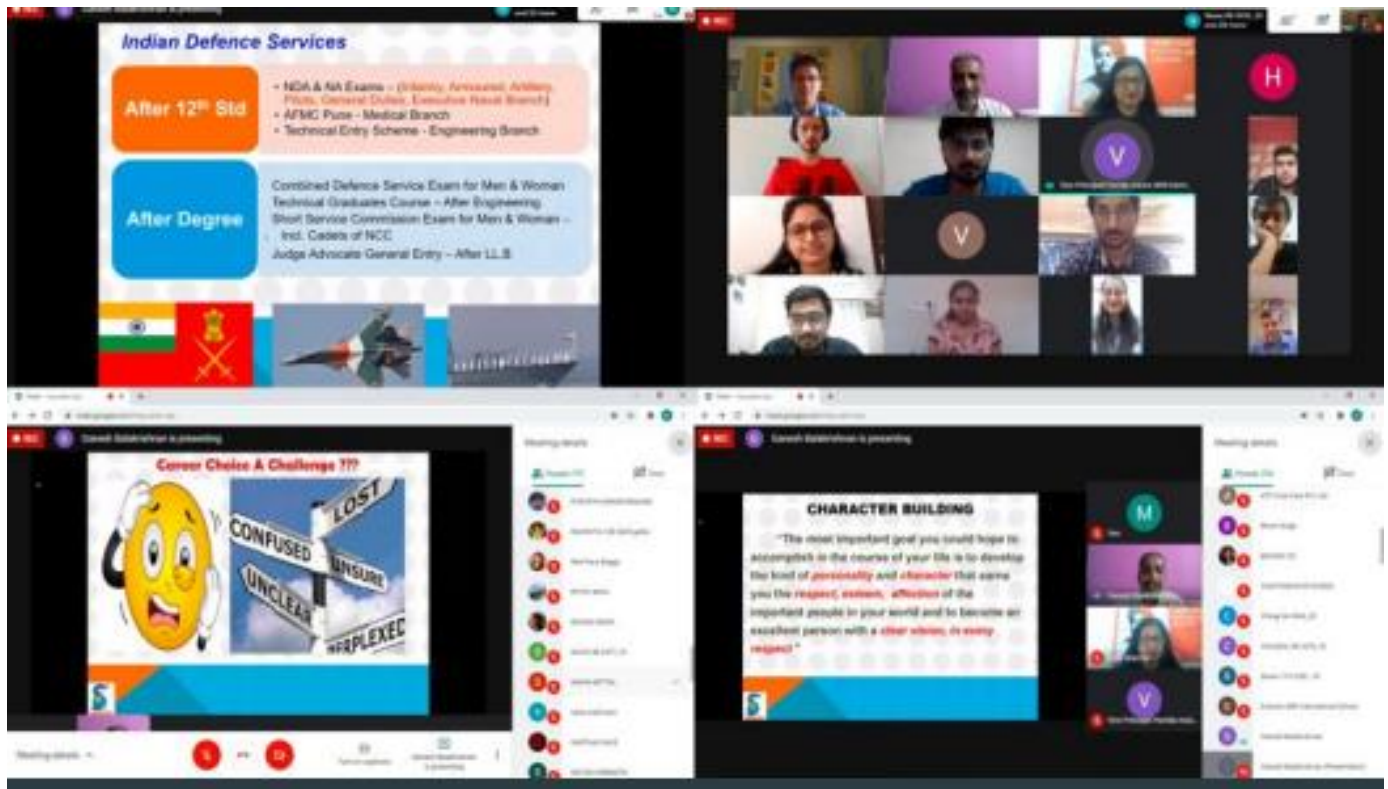


Fig - Various events being conducted

9. Stayfree of the Whisper

**ROTARACT CLUB OF RVCE**
R.V. COLLEGE OF ENGINEERING, MYSORE ROAD, BANGALORE-560059
R.I. DISTRICT -3190



Stayfree of the Whisper

Periods don't stop for Pandemics.
Let's talk about them.
Get your questions
cleared by experts on
25th October at 4 pm



Dr. Bharti Sahu
Gynaecologist (MBBS, MS)
•ASSOCIATE PROFESSOR AT NSCB GOVT. MEDICAL COLLEGE, JABALPUR
•SECRETARY MENOPAUSE SOCIETY JABALPUR CHAPTER





Dr. Amita Saxena
Gynaecologist (MBBS, DGO)
•WORKING AT MARBLE CITY HOSPITAL
•LED AND CONTRIBUTED TO FREE GARBH SANSKAR CLASSES

Rtr. Saurav Kumar
President
Ph. 7019490674

Rtr. Reet Kaur Bagga
Event Chair
Ph. 9606743622

Rtr. Manang Jain
Secretary
Ph. 9902703703



RotaractClubofRVCE RotaractClubofRVCE www.rotaractrvce3190.com rotaractrvce rotaractrvce

Dr. Bharti Sahu an associate professor at NSCB Government Hospital, Jabalpur, and Dr. Amita Saxena from Marble City Hospital, Jabalpur addressed the muchhushed topic, periods experienced by females. They emphasized the importance which needs to be given to menstrual hygiene, gave deeper insight from their perspective on the first experience and the emotional, physical, and mental reaction to it. The biological aspect of the phenomena was beautifully explained. The physical impact such as PMS and other painful trauma was also spoken about. Then the webinar channelized in the direction of ways of handling and reducing the pain through a healthy diet and lifestyle, exercise and meditation. Precautionary measures that can be taken for hygiene during this phase was brought in light. The event also busted some common myths and successfully broke the taboo and stigma in the most effective way. This webinar was conducted in collaboration with 9 other clubs.

Outcome: Dr. Bharti Sahu and Dr. Amita Saxena addressed menstruation, emphasizing hygiene and providing insights on physical and emotional aspects. They discussed managing pain through lifestyle changes and broke taboos. Collaborating with 9 clubs, the webinar raised awareness and fostered open dialogue.

SANITARY PADS
Sanitary pads are **narrow pieces of material that you stick to your underwear**. Some have "wings" or flaps that fold over the sides of your underwear to protect against leaks and stains. Most girls use pads when they first get their period.

PROS:

- No Painful Insertion
- No Staining
- No TSS (Toxic Shock Syndrome)

CONS:

Common Myths Related to Menstrual Hygiene

MYTH
During their periods, girls are impure.
Girls having their periods should not cook or visit sacred places.

FACT
Periods are just nature's way of saying you are growing up.
There is nothing impure about periods.

Breaking the Taboo
Menstruation is probably one of the least talked about and ill-understood biological concepts. Despite being a natural physiological function of the female human body, similar to urination or defecation, the menstruation discourse is often shrouded by reticence.
This is because a complicated network of taboos and customs surround it.
Why is menstrual hygiene education important?

- Lack of education about menstruation is one of the many barriers to achieving adequate menstrual hygiene worldwide.
- Menstrual Hygiene is vital to the empowerment and well-being of women and girls worldwide. It is about more than just access to sanitary pads and appropriate toilets – though those are important. It is also about ensuring women and girls live in an environment that values and supports their ability to manage their menstruation with dignity.

Polycystic Ovary Syndrome (PCOS)

It is a disorder that affects the ovaries and ovulation. It causes enlarged ovaries with small cysts on the outer edges of the ovary. Symptoms include **menstrual irregularity, excess hair growth, acne and obesity**. There are 3 main features- Cysts in ovaries, high levels of **male hormones**, **irregular or skipped periods**. In PCOS, many small, fluid-filled sacs grow inside the ovaries. The word "polycystic" means "many cysts." PCOS affects almost 27% of the women in the age group of 15 to 44 years.

Fig - Webinar ongoing

RIY 2019-20

EVENTS	DATE
Uptown Junk	12/09/2019
Mega Trek v4.0	29/09/2019
Eye checkup camp	22/10/2019
Donating to PM CARES fund	03/04/2020
Muskaan	16/03/2020

1.Uptown Junk:

ROTARACT CLUB OF RVCE
R V COLLEGE OF ENGINEERING, MYSORE ROAD, BANGALORE - 560059
R.I DISTRICT - 3190

Register Here:

UPTOWN JUNK

"Put your engineering skills to test,
make funk out of junk!"

VENUE: BIOTECH AMPHITHEATRE
Date: 12th Sept. 2019
Time: 2 p.m. onwards

Rtr. Sneha Jain
Event Chair
Ph: +91 9916911545

Rtr. Harsh Khatri
(President | 2019-20)
Ph: +91 9513810084

Rtr. Tushar Lal
Event Chair
Ph: +91 8210691407

RotaractClubofRVCE | www.rotaractrvce3190.com | rotaractrvce

Project description: The event focused on involving the students of our college in a competition wherein they had to make 'best out of waste'. It was conducted on 12/09/2019. We are grateful to the dear participants of "Uptown Junk", where they literally stood up to the fact that, "One's man garbage is another man's treasure!" Witnessing a participation 280+ Rotaractors as participants, it was indeed a blissful experience to see students going great lengths to get the model to fruition. The event began with a Fortune Quest wherein the participants have to solve a set of clues laid out in college campus and collect virtual Rota-Money from the clue-answer site, with which they can buy waste and prepare their models. The college amphitheatre was set up like a small workshop wherein the students got a chance to bring out the true engineer in them. The top 3 teams with most creative model was awarded prizes. The models were evaluated on the basis of four factors namely, Ideation, Creation, Presentation and Utility.

Outcome: The "Uptown Junk" competition engaged over 280 Rotaractors in creating innovative models from waste materials. Participants embarked on a Fortune Quest to collect virtual Rota-Money for purchasing waste materials. With the college amphitheater transformed into a workshop, students showcased their engineering skills. The top 3 teams with the most creative models were awarded prizes, evaluated based on Ideation, Creation, Presentation, and Utility.

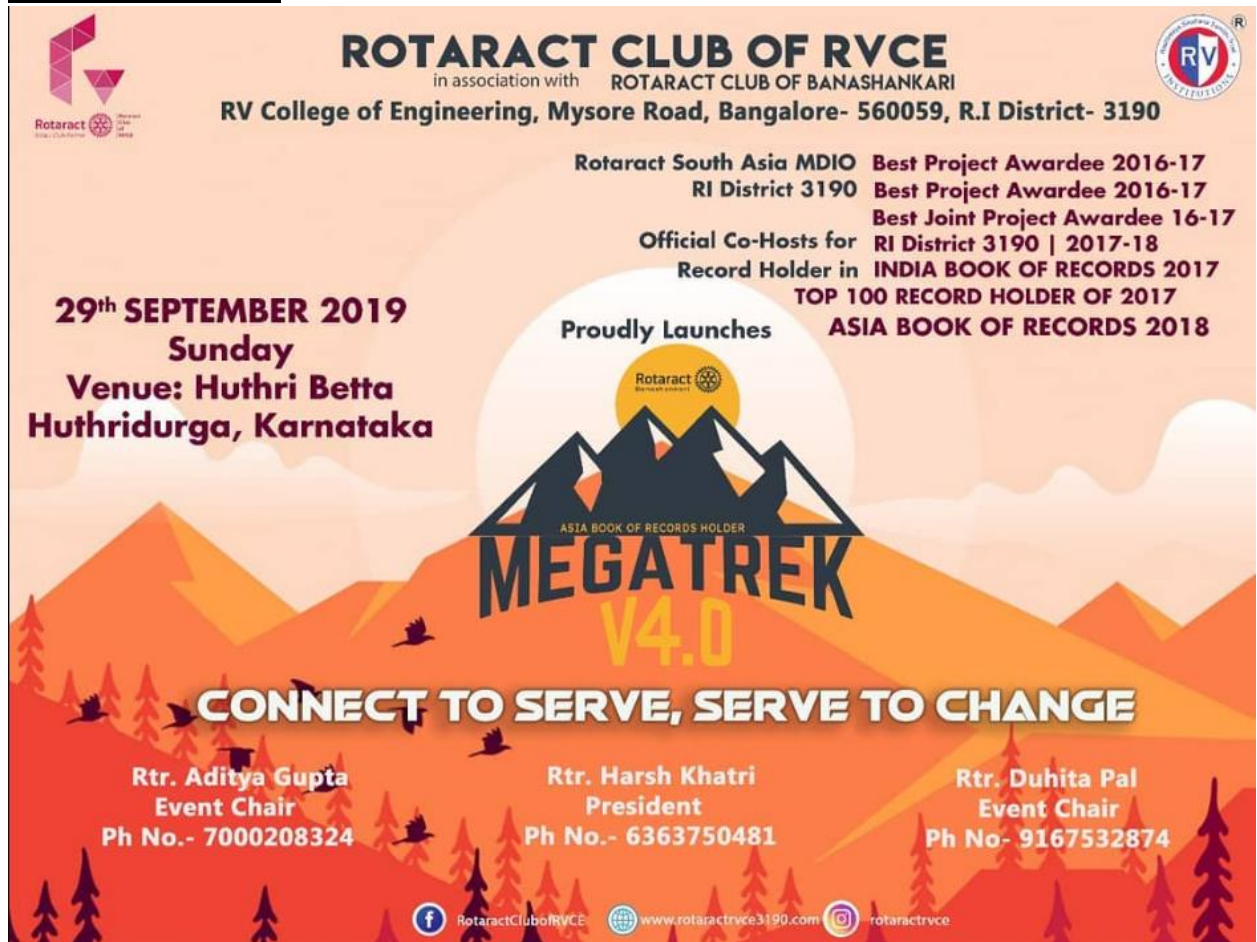


Fig - instructions being given



Fig - Participants preparing models

1. Mega Trek V4.0:



Project description: The event focused on a Trek to Huthri Betta on 29/09/2019, which was organized by Rotaract Club of Banashankari. The social cause behind the project was to provide heart surgeries and treatment to the underprivileged children. Along with that it also aimed at bringing people from all over the district together to increase friendship and fellowship. 304 participants from RaC RVCE assembled in the college at 6:30 AM, and boarded the bus to Trek Location with great enthusiasm. There, safety instructions were given to all along with basic information of the event. Mega trek V4.0 was a great success as over 2000 rotaractors all across Bangalore assembled near the scenic hills of Huthri Betta and embarked on what would be a very memorable journey.

Outcome: The Mega Trek V4.0 by Rotaract Club of Banashankari aimed to support heart surgeries for underprivileged children while fostering fellowship. With 304 participants from RaC RVCE, the trek began at 6:30 AM. Safety instructions were provided before boarding the bus. Over 2000 Rotaractors from Bangalore joined near Huthri Betta for the memorable journey, with breakfast and lunch organized at the trek location.



Fig - Participants on hill top



Fig - Participants climbing the hill

2. Free Eye-Check Up Camp:



Rotaract
Rotary Club Partner

RV ASCE
AMERICAN SOCIETY OF CIVIL ENGINEERS
INDIA SECTION 1662 STUDENT CHAPTER

RV INSTITUTIONS

EYE CHECK-UP CAMP

FROM 10:00 AM TO 4:30 PM

ON 22ND OCTOBER, 2019.

AT NEW SPORTS COMPLEX

GET A FREE EYE CHECK - UP!

EVENT CHAIRS

RTR. SAHANA - 8618570051

NISHCHEL CN - 9141714689

Project description: Due to many reasons, there is a neglect in society to get one's eyes tested, may it be financial or a general disregard. For this we organized a Free Eye Check-Up Camp on 22nd October' 2019 that aimed at providing the students, faculty and non-teaching staff

of our college and their families, an opportunity to get their eyes tested free of cost within campus. The event was done in association with ASCE Student Chapter RVCE and Karthik Nethralaya Hospital from where a dedicated team of doctors, total 4, had come to do the check-up. They addressed each patient with utmost care and provided with prescription for their respective case. More than 350 people showed up in the whole day and got their eyes tested for vision and any other anomaly related to eyes.

Outcome: A Free Eye Check-Up Camp held on October 22nd, 2019, addressed societal neglect towards eye testing. In collaboration with ASCE Student Chapter RVCE and Karthik Nethralaya Hospital, four dedicated doctors provided free examinations to over 350 attendees within the college campus. The event promoted eye health awareness and accessibility to essential medical services.

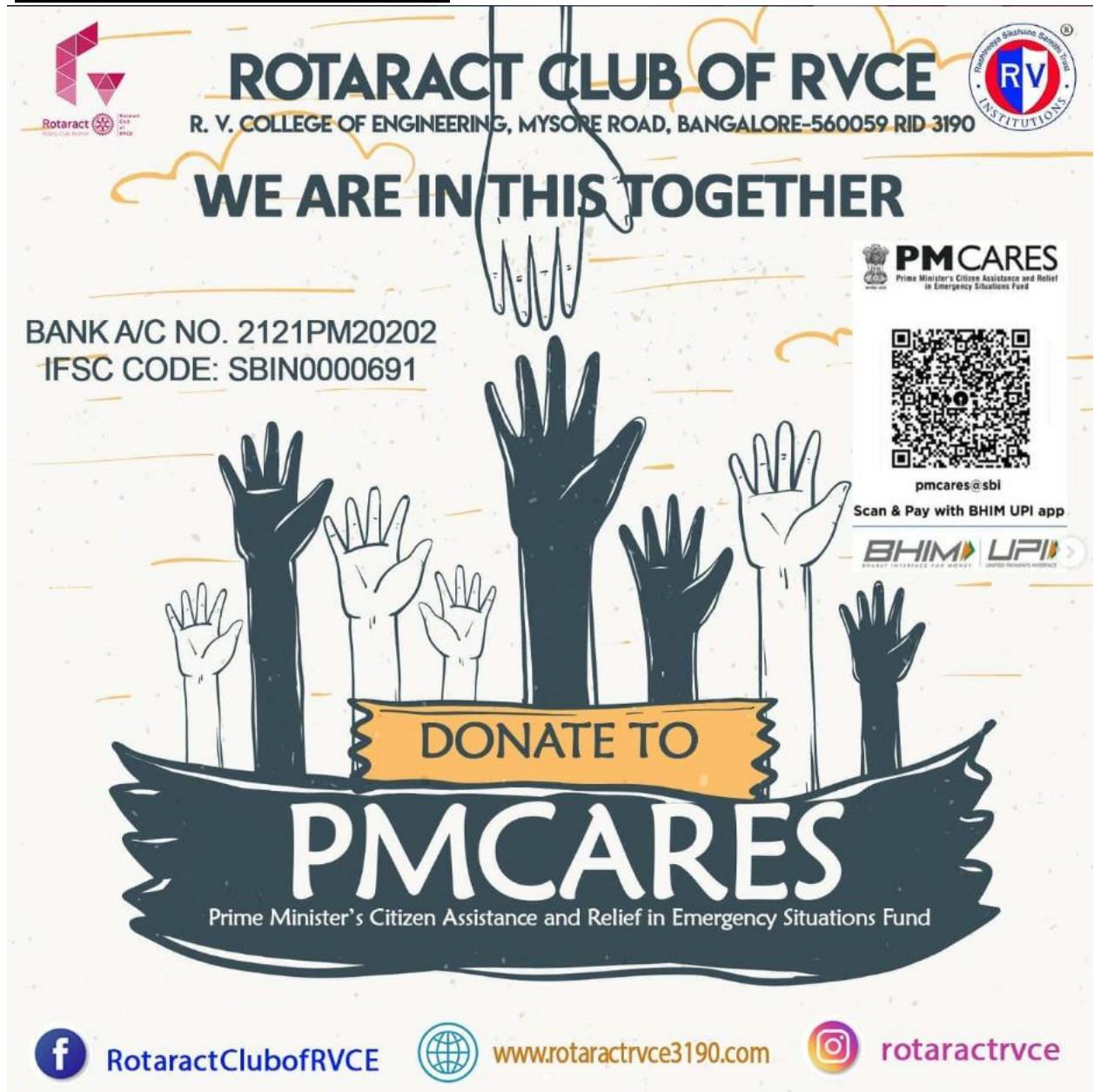


The team the project



Eye Checkup being done

3. Donation towards PM CARES:



The poster features a central illustration of several hands of different sizes and colors (black, white, grey) reaching upwards towards a large hand at the top. Below the hands is a yellow banner with the text "DONATE TO" and a large black banner with "PM CARES" in white. Underneath "PM CARES" is the text "Prime Minister's Citizen Assistance and Relief in Emergency Situations Fund".

ROTARACT CLUB OF RVCE
R. V. COLLEGE OF ENGINEERING, MYSORE ROAD, BANGALORE-560059 RID 3190

WE ARE IN THIS TOGETHER

BANK A/C NO. 2121PM20202
IFSC CODE: SBIN0000691



PM CARES
Prime Minister's Citizen Assistance and Relief in Emergency Situations Fund

QR code for donation

pmcares@sbi
Scan & Pay with BHIM UPI app

BHIM UPI

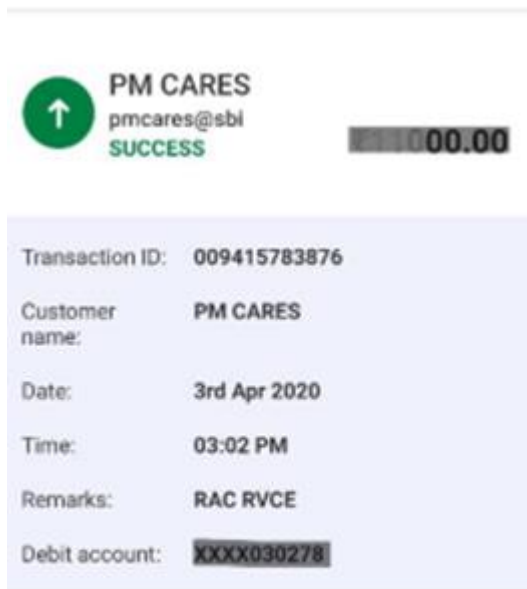
DONATE TO
PM CARES
Prime Minister's Citizen Assistance and Relief in Emergency Situations Fund

f RotaractClubofRVCE  www.rotaractrvce3190.com  **rotaractrvce**

Project description: Rotaract Club of RVCE strongly believes that in such tough times, every bit counts. Rac RVCE, yet again, has done it's part by contributing towards PM CARES Fund (Prime Minister's Citizen Assistance and Relief in Emergency Situations Fund) to help combating, containment and relief efforts against the recent Coronavirus Outbreak in our country. We also pledge that RaC RVCE will continue doing this in the future as well as always.

Outcome: The Rotaract Club of RVCE demonstrated its commitment to social responsibility by contributing to the PM CARES Fund in support of COVID-19 relief efforts. This proactive initiative reflects the club's dedication to making a positive impact during challenging times. The

contribution not only provides essential support to combat the pandemic but also reinforces the club's ongoing commitment to serving the community.



Donation done

4. Muskaan:



Project description: "Muskaan", a heartfelt event conducted by Rotaract Club of RVCE managed to become the reason behind many innocent needy smiles. It started as an online event where Rotaractors from Rotaract Club of RVCE across India gave a small token of appreciation to drivers, maids, sweepers or anyone who made their life a little easier. Items such as clothes, books, sweets, etc were donated. Rotaractors started a chain of happiness by uploading their pictures and tagging their friends and family using the "#TheSmileGiveAway" and

"#DilKiMuskaan" and nominated them to continue this chain of bringing smiles. RaC RVCE felt the necessity to recognise the efforts of these people to make our lives a little easier even after the outbreak of COVID-19.

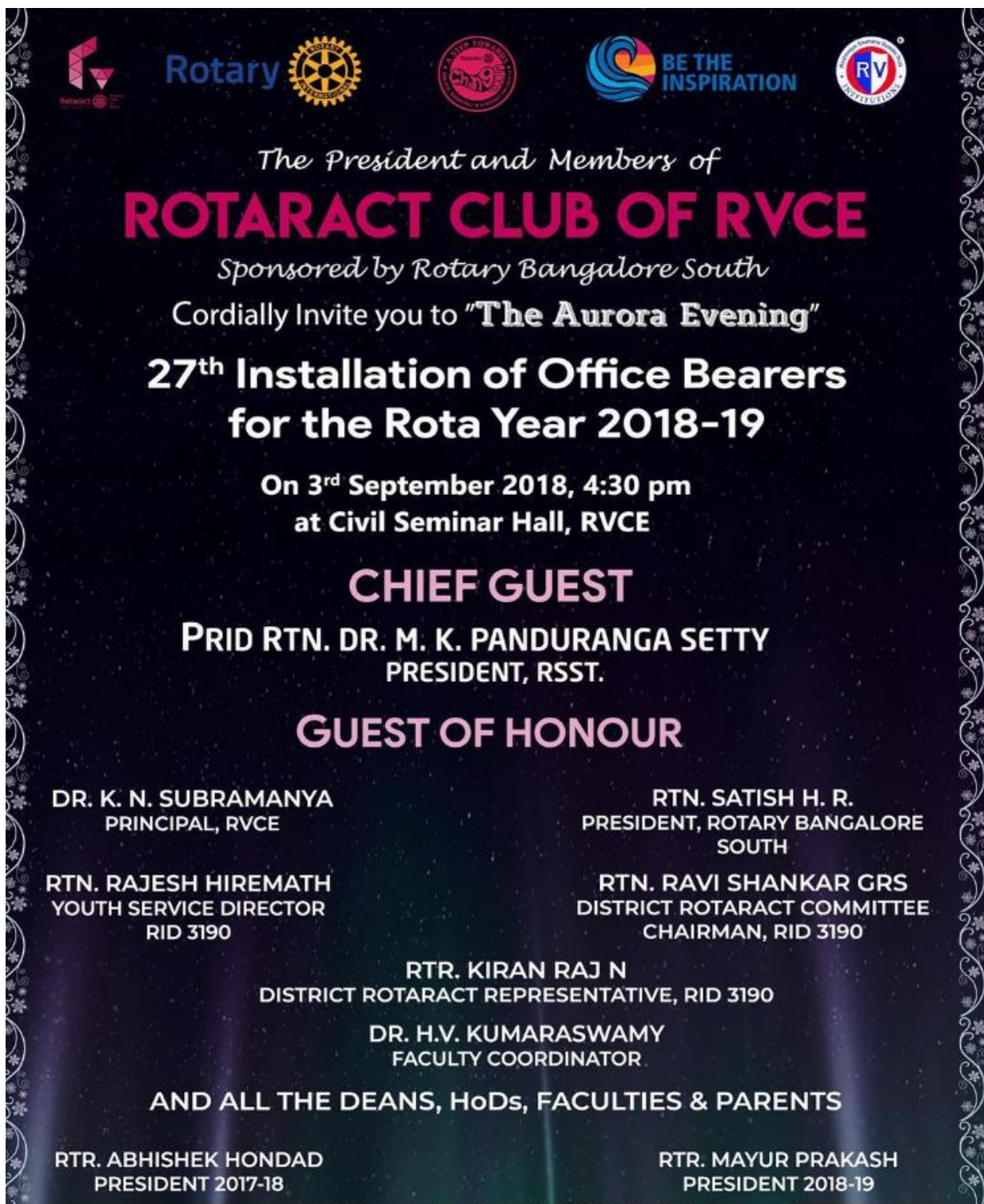
Outcome: "Muskaan," organized by the Rotaract Club of RVCE, spread joy through small acts of kindness nationwide. Rotaractors donated items like clothes and books to those who made their lives easier, such as drivers and maids. Using hashtags like "#TheSmileGiveAway," they shared their acts of kindness online, inspiring others to join in. Despite COVID-19, RaC RVCE recognized and celebrated the efforts of these individuals.



All the participants

RIY 2018-19

EVENTS	DATE
The Aurora Evening: 27th Installation	03/09/2018
Akshara 3.0	16/02/2019
Paper Drive	20/01/2019
Blood Donation Camp	01/03/2019
Mega-Trek V3.0	23/09/2018
Uptown Junk	28/09/2018
R-Evolution: Dasham	12/02/2019 – 19/02/2019



The 27th Installation Ceremony of the Board of 2018-19 began at 5:00PM. All the Office Bearers and the Board of Directors of RaC RVCE for the ROTA-YEAR 2018-19 were installed by the Chief Guest: PRID Rtn. DR. M.K.Panduranga Setty and other dignitaries. Past Secretary Rtr. Piyush Medikeri presented the report of ROTA-YEAR 17-18. The year plan of ROTA-

YEAR 18-19 was presented by the Secretary Rtr. Aryan Agarwal. Logo, theme, website and letter head of ROTA-YEAR 18-19 were launched and Annual Rotaract Magazine was released. Awards of the year 17-18 were presented to the winners and Board Members of 17-18 were given Board Certificates along with mementos to reminisce their contribution to the Club with it.

Outcome : The 27th Installation Ceremony of RaC RVCE marked the formal induction of the 2018-19 Board, led by Chief Guest PRID Rtn. Dr. M.K. Panduranga Setty. Key highlights included the unveiling of the year's plan, launch of the logo, theme, and website, alongside recognition of past achievements through awards and certificates.



Fig - The Board of 2018-19 with dignitaries

2. Akshara 3.0

All kids need a little help, a little hope and somebody who believes in them. With this thought in mind and zeal to give students something that we as students always craved in education, we organized skill development sessions in 11 schools in the locality of RR Nagar and Kengeri, Bangalore. The sessions were aimed for underprivileged students who are from a financially modest background and are in dire need of Quality Education. The sessions consisted of a designed syllabus of three modules namely, Mathematics, Spoken English, Soft Skills, 1 hour for each module. The students of various schools gave a heartening feedback, in person and on paper feedback forms to all 'teachers' for the day. Volunteers also had a memorable experience of stepping into the shoes of their teachers for one day. Volunteers were provided with refreshments after their sessions. Session helped the students in understanding concepts that were there for their class/standard.

Outcome : Akshara 3.0 successfully conducted skill development sessions in 11 schools within RR Nagar and Kengeri, Bangalore, benefiting underprivileged students. Modules in Mathematics, Spoken English, and Soft Skills were designed to empower students from financially modest backgrounds. Positive feedback from both students and volunteers highlighted the impact of the sessions, fostering a supportive learning environment and facilitating meaningful connections between volunteers and students.



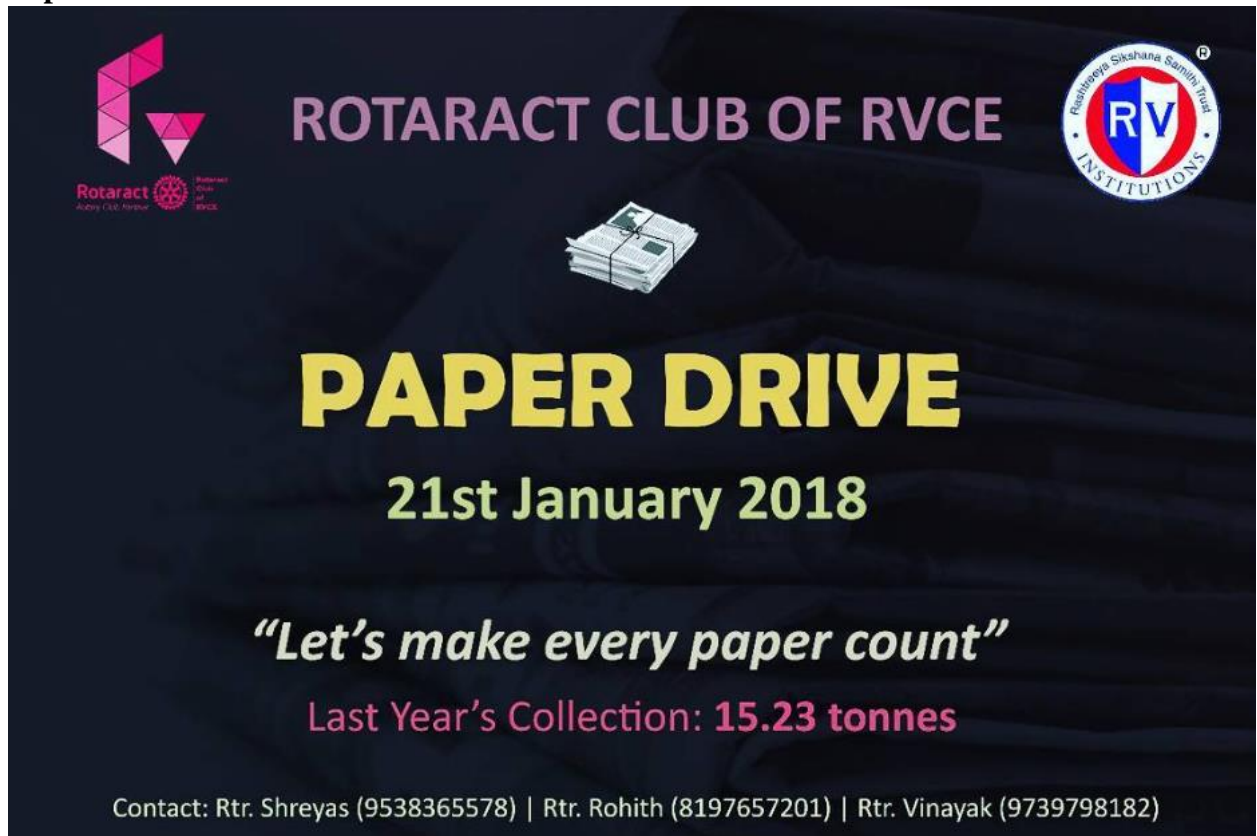
Fig - Volunteers and students



Fig - Students enjoying activities

1. Paper

Drive



To aid and abet an orphanage, we organized a Paper drive wherein enthusiastic volunteers from college collected old newspapers in various areas of Bengaluru. The volunteers, registered for the event, assembled at Kriyakalpa, RVCE at 8:00 AM. Volunteers were taken to over 7 different localities of Bangalore by buses to collect old newspaper. The incentive behind this was to raise funds from the collected newspaper by selling it to paper vendors, and donating the same amount for the welfare of an Orphanage. With tenacious efforts and enthusiasm of all volunteers who participated in this step towards amelioration, we were able to collect 15.52 Tonnes of paper in just 10 Hours.

Outcome: The Paper Drive initiative garnered significant support, with volunteers collecting 15.52 tonnes of old newspapers across 7 different localities of Bengaluru within 10 hours. Proceeds from selling the collected paper were directed towards aiding an orphanage, symbolizing a collective effort towards social welfare and community empowerment.



Fig - Volunteers and their collection



Fig - Paper material collected

2. Blood

Donation

Camp



There is no greater joy than to save a soul. Everyone can be a hero to a person in need for a day by Donating Blood. With this ideology and to meet the growing need of Blood units across hospitals in Bengaluru, a Blood Donation Camp was organized in RVCE Campus on 1st of March, with help of 14 Blood Banks and corresponding team of Doctors. Preparation for camp included decorating the entire college with Promotional Production design artifacts. Camp began at 9:00 AM in the CRC Building and within a 7 hours duration, we collected 1109 units of Blood. The donors included Students and staff of the college, who had the motive to serve the society and helped us in saving numerous lives.

Outcome: The Blood Donation Camp held at RVCE Campus on March 1st witnessed a remarkable turnout, with 1109 units of blood collected over 7 hours. Through the collaboration of 14 blood banks and medical teams, students and staff of the college demonstrated their altruism, contributing to saving numerous lives across hospitals in Bengaluru.



Fig - Decoration done to promote BDC



Fig - Student donating blood



Fig - Students registering to donate blood



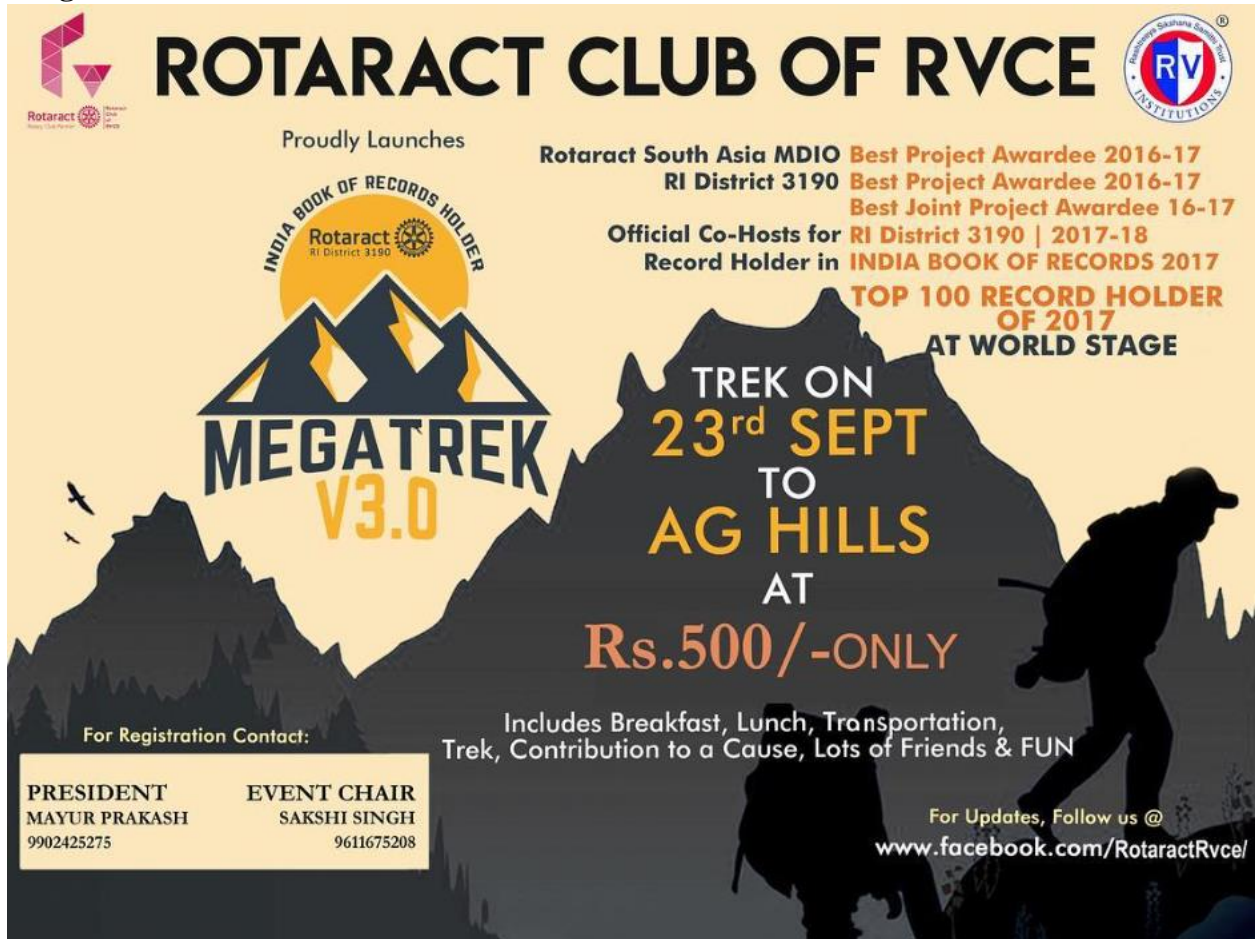
Fig - Faculty donating blood

3. Mega

–

Trek

V3.0



ROTARACT CLUB OF RVCE

Proudly Launches

Rotaract South Asia MDIO RI District 3190

Best Project Awardee 2016-17
Best Project Awardee 2016-17
Best Joint Project Awardee 16-17
Official Co-Hosts for RI District 3190 | 2017-18
Record Holder in INDIA BOOK OF RECORDS 2017
TOP 100 RECORD HOLDER OF 2017
AT WORLD STAGE

INDIA BOOK OF RECORDS HOLDER
Rotaract RI District 3190

MEGATREK V3.0

TREK ON 23rd SEPT TO AG HILLS AT Rs.500/-ONLY

Includes Breakfast, Lunch, Transportation, Trek, Contribution to a Cause, Lots of Friends & FUN

For Registration Contact:

PRESIDENT MAYUR PRAKASH 9902425275	EVENT CHAIR SAKSHI SINGH 9611675208
-------------------------------------------------	--------------------------------------------------

For Updates, Follow us @
www.facebook.com/RotaractRvce/

The event focused on a Trek to AG Hills, near Ramanagara, which was organized by Rotaract Club of Banashankari. The social cause behind the project was to provide heart surgeries and treatment to the underprivileged children. Along with that it also aimed at bringing people from all over district together to increase friendship and fellowship. 350+ participants from RaC RVCE assembled in the college at 6:30 AM, and boarded the bus to Trek Location with great enthusiasm. There safety instructions were given to all along with basic information of the event. There we managed to get a record in Asia Book of Records for 2507 people assembled for trekking at a single place and serving the purpose. Breakfast and Lunch was organized at the trek location for all the participants.

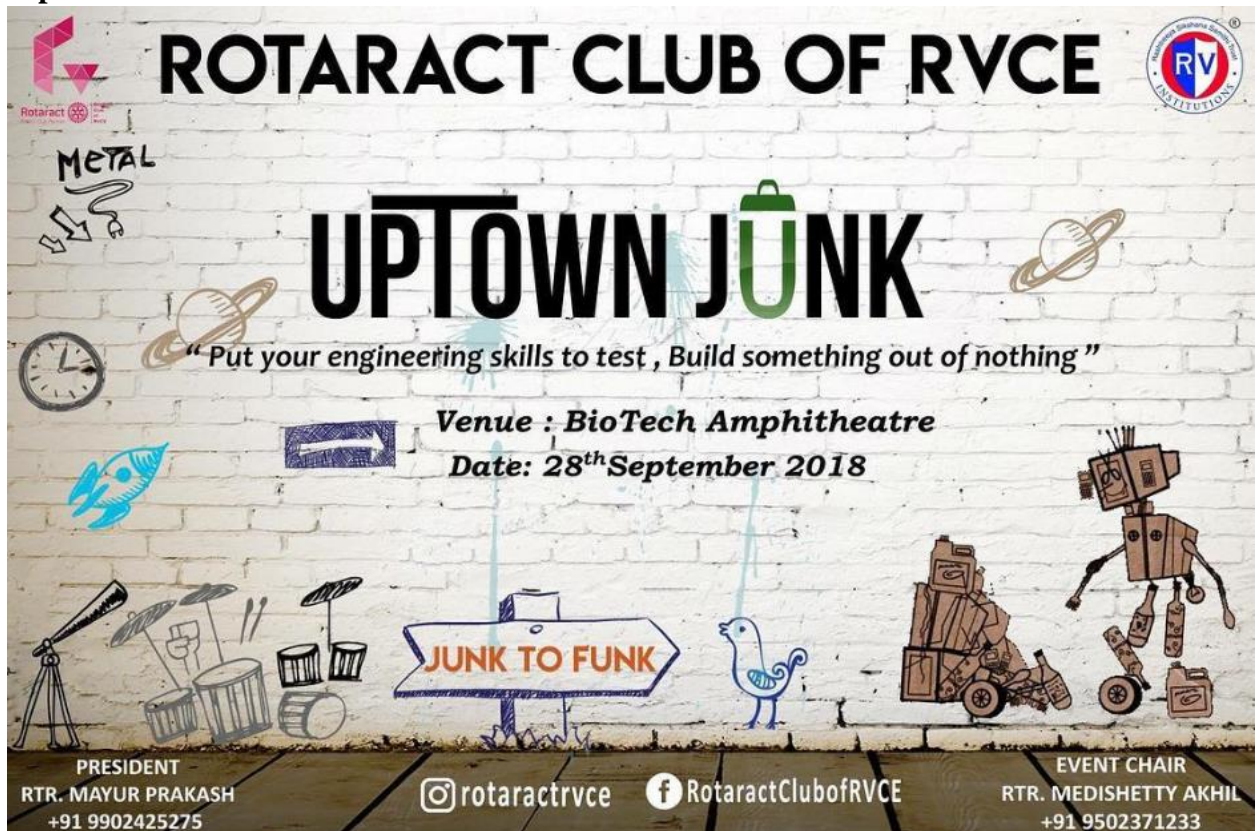
Outcome: Mega-Trek V3.0, organized by the Rotaract Club of Banshankari, aimed to provide heart surgeries for underprivileged children while fostering camaraderie among participants. Over 350 members from RaC RVCE participated, contributing to a record-breaking gathering for trekking. The event not only achieved its social cause but also facilitated community bonding, with breakfast and lunch provided for all participants, enhancing the spirit of fellowship.



Fig - Students ready to start the trek

4. Uptown

Junk



The event focused on involving the students of our college in a competition wherein they had to make 'best out of waste'. The event witnessed 70 teams with 230 young engineers, all driven with enthusiasm and brimming with intuitive ideas of models to be kindled out of waste. The event began with a Fortune Quest wherein the participants have to solve set of clues laid out in college campus and collect virtual Rota-Money from the clue-answer site, with which they can buy waste and prepare their models. The college amphitheatre was set up like a small workshop wherein the students got a chance to bring out the true engineer in them. The top 3 teams with most creative model were awarded with prizes.

Outcome: Uptown Junk provided a platform for 230 young engineers to showcase their creativity and innovation by crafting models from waste materials. Through a Fortune Quest and workshop setup, participants engaged in hands-on learning and problem-solving. The event not only promoted environmental consciousness but also fostered teamwork and ingenuity, with prizes awarded to the top three teams for their creative endeavors.



Fig - Instruction being given



Fig -Participants with their models

5. R-Evolution

:

Dasham

ROTARACT CLUB OF RVCE **DPU** **RV**

in association with

ROTARACT CLUB OF DYPVP

|| an international non-technical quiz competition ||

R-EVOLUTION
dasham

Date: 12th February 2019
Time: 11:00 AM onwards
Venue: IEM Auditorium

Rtr. Mayur Prakash
President
+91 9902425275

Rtr. Mushtaq Ahmed
Event Chair
+91 7337639720

Rtr. Sakshi Singh
Event Co-Chair
+91 9611675208

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RaC RVCE in collaboration with RaC DYPVP, Pune RID 3131, organized the prelims round of R-Evolution: Dasham in RVCE campus for all the Rotaractors in the club. A total of 182 teams (2 members per team) registered for the event. Two guests had arrived on the day of event from RaC DYPVP to witness the event, and stayed with us for 2 days. The quiz was a general aptitude test. The event started with collaring of the President by the Secretary of RaC RVCE, followed by Lightening of lamp by the dignitaries that included Principal, Dr. KN Subramanya and Faculty Dr. Shanmukha Nagaraj. The quiz duration was 30 minutes. After evaluation, winning teams were honoured on the stage. The two qualifying teams will be going to DY Patil College in Pune for competing further in International Rounds of R-Evolution Dasham, with teams all around the globe.

Outcome: Dasham prelims, hosted by RaC RVCE in collaboration with RaC DYPVP, Pune, saw participation from 182 teams, showcasing the enthusiasm of Rotaractors. The event featured a general aptitude quiz, witnessing the collaring of the President and lamp lighting by esteemed dignitaries. Winning teams earned the opportunity to compete internationally at DY Patil College in Pune, highlighting the event's success in fostering global engagement and intellectual exchange among Rotaract clubs worldwide.



Fig - Participants in the auditorium